

RULES: 5th- 6th Grade Level

- In order to start an official game, teams must have 5 players from their roster.
 - In the event that a team has less than 5 players the referee will put a 5 minutes waiting time on the score board
 - After the 5 minutes has expired, the game will be ruled a forfeit and teams may add additional players and play a non-official game.
- 4(Four), 10(Ten) minute quarters will be played .
 - Running time Except on foul shots and the last 2 minutes of the 4th quarter
 - 3 minute overtime, plus one additional time-out
- Each team will be allowed 3 time-outs per game.
- Players will be allowed 5 personal fouls per game.
 - On the 5th foul, players will be disqualified from the game
- Jump ball at the beginning of the game. After that it will be alternate possession.
- On the 7th team foul in each half, teams will shoot one and one. On the 10th team foul in each half, teams will get 2 shots.
- Pressure Defense:
 - Teams can start playing defense at the ½ court line
 - In the last 5 minutes of the 2nd and 4th quarter, teams may apply full court pressure
- Teams will play man to man in the 1st and 2nd quarter. Teams may choose their preferred defense in the 2nd half.
- If a team has a lead of 20 points or more the will play defense inside the 3 point line
- Every player will play as close to equal playing time as possible
- Foul shots: players in the lane may enter on the RELEASE; the shooter and all other players must wait until the ball makes contact with the rim